Stove Top Cleaner

**Ingredients:**

¼ cup baking soda

¼ cup table salt

1 tablespoon apple cider vinegar

2 tablespoons water

4–5 drops of **Purify Cleansing Blend**

**Directions:**

1. Stir all ingredients together until they form a paste and spread it over the stove top and burners.
2. Leave it on for 15 minutes or longer for hard-toremove stains.
3. Using a sponge, scrub the mixture into the grime.
4. Remove excess cleaner and wipe surface clean

Refrigerator and Microwave Cleaner

**Ingredients:**

1 cup white vinegar

2 cups hot water

15 drops of **Lemon essential oil**

**Directions:**

1. Combine the ingredients in glass spray bottle.
2. Spray mixture inside fridge or microwave, then scrub and wipe using damp cloth.

Soft Scrub Cleanser

**Soft Scrub for Bath, Tile, and Toilet**

Make in small batches and store in an airtight container. This is enough for two to four applications. This soft scrub is excellent for getting rid of soap scum, removing stains, and brightening your tile and toilet. To use, just apply and let it sit for 5-10 minutes and then scrub. Once done scrubbing, take a wet cloth and wipe clean.

**Ingredients:**

3/4 rounded cup baking soda

1/4 cup liquid castile soap

1 tablespoon water

1 tablespoon vinegar

5-10 drops Lemon essential oil

**Editor's note:** Liquid castile soap is a vegetable-based soap commonly found in health food stores. Dr. Bronner's is a popular one. Look for unscented. This scrub is also great to use to help clean your kitchen sink, refrigerator, or tile floors.

**Directions:**

1. In bowl, combine baking soda and castile soap.
2. Add water and stir.
3. Add vinegar and essential oil. The consistency should be a soft paste.
4. Store in airtight container.
5. Add ingredients directly to partially drained bowl. As it reacts, scrub toilet.

**Note:** This combination is intended for one use at a time.

Garbage Disposal Refreshers

Does your garbage disposal need a little refreshing? With everything that goes into the disposal, odds are that odors could be accumulating in there. Try this simple DIY recipe to make your own garbage disposal refreshers to help freshen, clean, and deodorize your garbage disposal.

**Ingredients:**

2 cups baking soda

1 cup salt

1/2 cup water

1/3 cup liquid castile soap (any scent)

30 drops Lemon essential oil

**Directions:**

1. Combine baking soda and salt into bowl.

2.  Add castile soap and essential oil into mixture.

3. Add water 1 tablespoon at a time while stirring with hands until it forms into the consistency of "damp sand". It should stay together when you press it together. If you add too much water just add some more baking soda and salt until the consistency is right.

4. Grab a tablespoon measurement device and scoop packed spoonfuls onto parchment paper.

5. Once the mixture has been scooped, let dry for 24 hours or until they are hard. One batch should make about 36 garbage disposal refreshers.

6. Put into glass jar and use the next time you do dishes! Just put 1-3 refreshers into the garbage disposal and turn it on. You will immediately smell the refreshing Lemon essential oil.

Wood Polish

Bring back the shine to your favorite tables, countertops, floors, and more with this simple recipe for homemade wood polish with doTERRA essential oils.

**Ingredients:**

1/4 cup olive oil

1/4 cup vinegar

10 drops doTERRA essential oils (Wild Orange, Arborvitae, or Lemon)

8-ounce glass spray bottle

**Directions:**

1. Add olive oil and vinegar to glass spray bottle.
2. Add 10 drops of essential oil.
3. Shake well before each use.
4. Apply to microfiber cloth and wipe wood surfaces clean. Repeat every 2-3 months or as often as needed.

Glass Cleanser

Chemicals in cleaning supplies can be hazardous to your health and the environment. Take the risk out of household cleaners by making your own cleaners at home. They’re affordable, easy, eco-friendly, and more effective than store-bought cleaners.

**Ingredients:**  
16-ounce spray bottle

1 1/2 cup white vinegar

1/2 cup distilled water

8 drops of any citrus oil of your choice (could use Lemon, Lime, Grapefruit, Wild Orange, or a combination)

**Directions:**

Add vinegar, water, and essential oil(s) to spray bottle and shake. You are ready to clean!

All-Purpose Spray

There is no need to pull out your rubber gloves and surgical masks when you clean your home. It might surprise you to know that you can concoct simple and inexpensive non-toxic cleaners from ingredients already lying around your house. Using essential oils to create your own cleaning spray is not only safe on the environment, but is safe for your family as well. This spray is perfect for cleaning hard surfaces in the kitchen, bathroom, etc.

**Ingredients:**

16 oz. glass spray bottle

1/4 cup white vinegar

1¾ cups water

30 drops doTERRA essential oil

**Recommended essential oil combinations:**

* 15 drops each of Lavender and Lemon
* 10 drops each of Eucalyptus, Peppermint, and Wild Orange
* 30 drops doTERRA On Guard®
* 15 drops each of Grapefruit and doTERRA On Guard

**Directions:**

1. Add all ingredients to spray bottle.
2. Shake thoroughly.